

Fall River Joint Unified School District Student Activities Handbook

**Last Revised: 6/28/2017
Version 11
Board Approved: 6/28/2017**

TABLE OF CONTENTS

EXTRACURRICULAR ACTIVITIES	2
ACADEMIC ELIGIBILITY	2
Athletics & Pep Squad (Cheerleaders, and Mascots), Support Staff (managers and statistician), and Student Government	2
Procedure to Establish Academic Eligibility for Trimester Classes.....	3
Summer School.....	3
Administrative “U’s”	3
Appeal of a “U” in citizenship given by a teacher	3
JOINING A TEAM.....	4
Appeal of a student not being allowed to join a team	4
PERIOD OF ENFORCEMENT	4
RANDOM DRUG TESTING OF STUDENT ATHLETES	5
TOBACCO, ALCOHOL, OR DRUG SELF-REFERRAL.....	6
CAUSES FOR DISCIPLINARY ACTION TO BE TAKEN	6
Suspension from School and Participation	6
Suspension from Team	7
ADDITIONAL REQUIREMENTS FOR STUDENT ATHLETES.....	12
Basic CIF Eligibility Rules.....	12
Applicability	12
Appearance.....	12
Quitting a Sport or Being Removed	12
Residence Eligibility.....	12
CIF By-law 223.....	13
Respect.....	13
Responsibility for Equipment	13
Competition on an Outside Team	13
CODE OF ETHICS	13
CALIFORNIA INTERSCHOLASTIC FEDERATION, NORTHERN SECTION.....	14
ETHICS IN SPORTS.....	14
STUDENT ACTIVITIES HANDBOOK ACKNOWLEDGMENT	17
AGREEMENT FOR STUDENT ATHLETE AND PARENT/GUARDIAN REGARDING USE OF STEROIDS.....	18

EXTRACURRICULAR ACTIVITIES

The governing board recognizes that extracurricular activities enrich the educational and social development and experiences of students. The district shall encourage and support student participation in extracurricular activities without compromising the integrity and purpose of the educational program.

In order to encourage and promote academic excellence, all students participating in extracurricular activities shall demonstrate satisfactory progress in meeting the requirements of promotion/graduation by undertaking the prescribed course of study and meeting the standards of proficiency established by the district.

No student shall be prohibited from participating in extracurricular activities related to the educational program because of inability to pay fees associated with the activity.

Extracurricular activities shall be supervised by district employees whenever they are conducted under the name of the district.

WHO DOES THIS APPLY TO:

This handbook applies to any students who must meet the academic eligibility requirements stated below in order to take part in athletics, pep squad, athletic support staff (managers and statisticians), student government, and student council. These requirements, rules, and regulations, apply in addition to those listed in the school's Student Information Guide.

ACADEMIC ELIGIBILITY

NOTE: A student must meet eligibility requirements at the time of the first interscholastic practice.

The exception to this rule would be a new student that meets this policy's academic eligibility requirements and has the coach's permission. The principal may allow the new student to join a sport mid-season if it does not negatively impact the team or its players. Students participating in an independent study program will be eligible to participate in athletic programs only at the school in which they are enrolled.

Students attending schools in the Fall River Joint Unified School District are encouraged to participate in as many extracurricular activities as they can handle as long as such participation does not have a negative effect on the students' grades. Students should remember that such participation has certain eligibility requirements that must be met and maintained. The eligibility requirement of the Fall River Joint Unified School District is that students must have achieved a 2.0 GPA at the end of the following periods: First Quarter, First Semester, Third Quarter, Second Semester; received no more than one "F," and no unsatisfactory citizenship marks. Any questions regarding a quarter or semester grade must be taken up with the instructor who assigned the grade.

Athletics, Pep Squad (Cheerleaders and Mascots), Support Staff (Managers and Statisticians), Student Government

Participating students must meet the district's eligibility requirements as stated above. While academically ineligible, an athlete may not practice or participate with any school team.

NOTE: ELIGIBILITY DATE: Eligibility is not declared until the Monday following the issuing of

report cards. This is usually one week plus one weekend after the quarter or semester ends. Incomplete grades are considered “F” grades for purposes of computing eligibility. Students are ineligible to participate with an incomplete grade.

Procedure to Establish Academic Eligibility for Trimester Classes

Eligibility will be established at each grading period: 1st Quarter, 1st Trimester, 1st Semester, 2nd Trimester, 3rd Quarter, 2nd Semester.

Students must be eligible in the grading period that the sport begins. Students must remain eligible during all grading periods the sport is in session.

Summer School

It is the responsibility of the student to see the counselor or administrator before the beginning of fall sports if he/she feels his/her summer school grades have affected eligibility. Summer school grades may not necessarily improve eligibility. The following factors apply:

- a. A student can elect to use a summer school grade to replace a semester class grade only when the class is an exact duplicate. This could affect both the GPA and the “no more than one “F” rule.”
- b. A summer class will be added to the previous semester classes if it is not a duplicate. This would affect the GPA by increasing the divisor.
- c. Two “U’s” in citizenship can be made up by successfully completing summer school. Each “U” requires three weeks of satisfactory summer school attendance.

An entering student’s eligibility is based on having met academic eligibility in his/her previous grading period.

Administrative “U’s”

Administrative “U’s” are assigned for serious and/or habitual violations of behavior code. Disciplinary punishment is assigned by the school administration and **takes effect immediately**.

Appeal of a “U” in citizenship given by a teacher

Questions regarding a student receiving a “U” in citizenship must first go to the teacher. The principal will call for a review by the eligibility committee, should he/she find sufficient cause. The eligibility committee will consist of:

1. Athletic director
2. Parent representative
3. Counselor
4. Coach
5. Activity director
6. Student representative

JOINING A TEAM

All students are encouraged to participate in athletic teams. Coaches and the Athletic Director will determine starting dates and make these dates available to all participants. Students must be in attendance in order to try out for a sport. Students will not be allowed to join a sport after the starting date unless one of the following circumstances occurs.

These could include but not necessarily be limited to:

- students who cannot physically start a sport due to an injury(s)
- students who transfer from another school and are athletically and academically eligible
- students who are out of the area for valid reasons for sports that begin prior to the start of school (volleyball, football, soccer)
- in sports where tryouts take place and a student doesn't make the team, a student may be allowed to join another team (basketball to wrestling)
- in situations when, due to a loss of participants, an athlete is needed in order to complete the Federated requirement for fielding a team. Coaches would first ask the athlete(s) to join the team who were "cut" from the team
- when ineligible students become academically eligible, they may try out for the team on the eligibility date at the coaches' and administrators' discretion, but they may not practice prior to that date

Any student who is allowed to join a team late will voluntarily agree to be subject to drug testing.

Appeal of a student not being allowed to join a team

Questions regarding a student being allowed to join a team must first go to the principal. If the parent or student is not satisfied with the principal's decision, they may appeal it to a committee. This committee will consist of:

1. Athletic Director
2. Parent Representative
3. Advisor or Teacher
4. Coach
5. Activity Director
6. Student Representative

PERIOD OF ENFORCEMENT

This activity code takes effect as follows: Athletes - period of enforcement coincides with the season of sport. It starts with the first day of practice and runs through the final contest. Student government/council and pep squad - period of enforcement coincides with their election or appointment and runs through their term of office (in most cases the school year).

For the purposes of this handbook, there are three seasons of sport. They are: Fall (which includes football, volleyball, soccer and cross-country), Winter (which includes basketball and wrestling) and Spring (which includes baseball, softball, golf and track & field).

Check Off - Parent

A parent may check their youngster off **after** an away contest by seeing the person in charge and signing the student off. This must be done in person by the parent.

Check Off - Other

A parent may send a **note 24 hours in advance** of the departure requesting that their child be released to a specified adult. If approved, the above procedure is to be followed.

Transportation to Activity – Students must ride on district sponsored transportation or may travel in private vehicles with their parent present.

NOTE: Should the student and/or the parent fail to follow the procedures the following will take place:

- 1st Offense Student warned and parent notified.
- 2nd Offense Student not allowed to travel to or participate in the next away activity and parent notified
- 3rd Offense Student removed from team or office and parent notified.

AN ADULT IS DEFINED AS 21 YEARS OF AGE OR OLDER.

Attendance

Students must be in school all periods on the day of the activity or practice in order to participate in the activity or practice. Under special, extreme conditions and with pre-approval of the principal, an exception may be granted. If a student is absent on a Friday, parent or guardian must contact the principal or designee in order to get clearance to participate on the weekend.

Standards for Student Behavior

Students representing the schools of the Fall River Joint Unified School District must maintain high standards at all times. Students having behavior problems will not be eligible to participate in extracurricular activities. The primary standards for student behavior include, but are not limited to, the following requirements: Students are to refrain from (1) damaging or stealing school or private property; (2) threatening or causing physical injury to another person; (3) possessing or using drugs, intoxicants, or dangerous substances of any kind except under prescription; (4) using or possessing tobacco; (5) committing an obscene act or using profane or vulgar language or behaviors; and (6) disrupting school activities or willfully defying the valid authority of school employees.

Violations of the standards for student behavior will result in disciplinary action being taken. The district attempts to follow the practice of “Progressive Discipline” whenever possible. It is understood that there are cases where the behavior is of such a serious nature that removal from team or office is justifiable even on the first offense.

Students governed by this Student Activities Handbook are held to high standards of behavior. This includes being accountable for your behavior both during regular school day and extra-curricular school sponsored activities.

RANDOM DRUG TESTING OF STUDENT ATHLETES

The Governing Board recognizes that a student athlete under the influence of a drug endangers himself/herself and all other players. In order to protect the health and safety of all athletes as well as providing a compelling reason for students to say “no” to drug use, the District has established a mandatory, random drug testing program for all athletes, pep squad members, and ASB Officers.

The Superintendent or designee shall establish drug testing procedures that ensure appropriate individual privacy for athletes while maintaining the viability of the process. Punitive action shall be taken against any student who tests positive as prescribed in administrative regulations. Additionally, any student found tampering or attempting to assist another student in any way with the drug test shall suffer the same consequence as if they tested positive themselves. Refusal to take the test will also result in the same consequences as a positive test.

PROCEDURES:

Student Selection: All student athletes may be tested for the presence of illegal drugs at the beginning of each sport season and shall be subject to random testing during the entire season.

Parental Consent: Students desiring to participate in a district athletic program shall first provide their parent/guardian's written consent for testing.

Medication: Before drug testing occurs, students who have been or are presently taking prescription medication shall present either a copy of the prescription or a physician's written verification of this fact.

Positive Test: If a student's initial drug test is positive, a second test shall be administered on the same sample as soon as possible to confirm the results. Parents/ guardians shall be notified after the second positive test results are confirmed. If the second test is negative, no further action will be taken.

CONSEQUENCES:

- 1st Offense Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. Athletes must practice with the team during this time. The student must be on the bench at home games (in street clothes) and will not travel with the team. Parent notification. This consequence carries over into the next season of sport. Drug test before returning to sports or activities.
- 2nd Offense Removal from teams, activities or office for remainder of the current season and the next athletic season. Drug test before returning to sports or activities. Parent notification.
- 3rd Offense Suspension from athletic participation or office for remainder of school attendance in the district. Parent notification

***Students who refuse to be tested will immediately be removed from the sport.**

TOBACCO, ALCOHOL, OR DRUG SELF-REFERRAL

Early Intervention

The intent of this provision is to help any student who recognizes that he/she has a problem. It is not to be viewed or used as a way to avoid punishment.

A student who voluntarily seeks help for a substance abuse problem through contacting a teacher, counselor, or principal prior to school intervention will be supported.

- a. The student must be referred to professional help (school, community, or private).
- b. The student must continue with the assistance program until released by the professional.
- c. Contingent upon professional approval regarding health, safety, and progress towards recovery, the student may continue to participate in activities as long as the student passes the drug test. In an effort to emphasize student wellness, any student who violates the activity code while in a program or after having been through a professional program will be subject to the consequences outlined in the activity code.

CAUSES FOR DISCIPLINARY ACTION TO BE TAKEN

Suspension from School and Participation

Students suspended from school are ineligible to participate in any type of school activity on or

off campus during the period of suspension. For FIVE SCHOOL DAYS AFTER THE PERIOD OF SUSPENSION, student athletes are to attend all practices but are not allowed to participate in games or travel with the team. Saturday games/activities are not to be counted as a school day. Students violating this rule will be subject to further school suspension. Student behaviors should also, remain exemplary outside of the regular school day and during school sponsored activities: violations occurring during these times will warrant consequences which, depending on the severity, may be lesser or consistent than those experienced during the “regular day.”

Suspension from Team

A student suspended from a team/activity is eligible to attend school and team practices. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes and must not travel with the team.

OFFENSE	1 ST OFFENSE	2 ND OFFENSE	3 RD OFFENSE
---------	-------------------------	-------------------------	-------------------------

NOTE: IF YOU ARE WITH SOMEONE USING OR IN POSSESSION OF DRUGS OR ALCOHOL, IN THE SAME AREA, OR IN A CAR, THE SAME PENALTIES LISTED UNDER OFFENSES 1, 2, AND 3 MAY APPLY TO YOU.

<p>1. Under the influence of any controlled substance, alcoholic beverage, or intoxicant of any kind. EC48900 (c).</p>	<p>Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport. Drug test before returning to sports or activities.</p>	<p>Removal from teams or activities for remainder of the current season and the next athletic season. Drug test before beginning of next sports season. Parent notification.</p>	<p>Suspension from athletic participation or office for remainder of school attendance in the district. Parent notification.</p>
<p>2. Possession and/or use and/or sale of any controlled substance, alcoholic beverage, or intoxicant, EC 48900 (c).</p> <p>Possession and/or use and/or sale of androgenic/anabolic steroids without the written prescription of a fully licensed physician, as recognized by the American Medical Association, to treat a medical condition</p>	<p>Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport. Drug test before returning to sports or activities.</p>	<p>Removal from teams or activities for remainder of the current season and the next athletic season. Drug test before beginning of next sports season. Parent notification.</p>	<p>Suspension from athletic participation or office for remainder of school attendance in the district. Parent notification.</p>
<p>3. Possession, sale, or trade of drug paraphernalia, EC 48900 (l).</p>	<p>Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes and must not travel with the team. Parent notification. This consequence carries over into the next season of sport. Drug test before returning to sports or activities.</p>	<p>Removal from teams or activities for remainder of the current season and the next athletic season. Drug test before beginning of next sports season. Parent notification.</p>	<p>Suspension from athletic participation or office for remainder of school attendance in the district. Parent notification.</p>

OFFENSE	1 ST OFFENSE	2 ND OFFENSE	3 RD OFFENSE
4. Possession of any gun, explosive, or other dangerous objects at school or school activity, EC 48900 (b), PC 626.10 (a).	Due to the seriousness of this offense and the requirements of California Education Code 48915, Penal Code Section 245 and 626.9, an infraction of this rule shall result in suspension and/or recommendation for expulsion plus removal from team or activity for remainder of the current season and the next athletic season. The suspension shall not be less than 45 school days. Parent notification.		
5. Possession of a knife as defined by EC 48915 (g)	Suspension from team, activity or office for 5 school days. Must miss at least one interscholastic contact. May result in removal from team. Parent notification. Possibility of expulsion, which results in immediate suspension from team.	Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. Athletes must practice with the team during this time. The student must be on the bench at home games (in street clothes) and will not travel with the team. Parent notification. This consequence carries over into the next season of sport. Possibility of expulsion, which results in immediate suspension from team.	Removal from team or office for the remainder of the current season and the next season of sport. Parent notification. Possibility of expulsion, which results in immediate suspension from team.
6. Assault and/or battery, EC 48900 (a), PC 415.5.	<i>If the action or offense results in a suspension from school:</i> Suspension from team, activity or office for 5 school days. Must miss at least one interscholastic contact. May result in removal from team. Parent notification.	Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport.	Removal from team or office for the remainder of the current season and the next season of sport. Parent notification.
7. Fighting, EC 48900 (a), PC 415.5.	<i>If the action or offense results in a suspension from school:</i> Suspension from team, activity or office for 5 school days. Must miss at least one interscholastic contact. May result in removal from team. Parent notification.	Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport.	Removal from team or office for the remainder of the current season and the next season of sport. Parent notification.
8. Obscene or vulgar acts/profanity, EC 48900 (l).	<i>If the action or offense results in a suspension from school:</i> Suspension from team, activity or office for 5 school days. Must miss at least one interscholastic contact. May result in removal from team. Parent notification.	Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport.	Removal from team or office for the remainder of the current season and the next season of sport. Parent notification.

OFFENSE	1 ST OFFENSE	2 ND OFFENSE	3 RD OFFENSE
9. Theft, attempted theft, or possession of stolen school or personal property, EC 48900 (j)-48900 (l).	Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. Athletes must practice with the team during this time. The student must be on the bench at home games (in street clothes) and will not travel with the team. Parent notification. This consequence carries over into the next season of sport.	Removal from teams, activities or office for remainder of the current season and the next athletic season. Parent notification.	Suspension from athletic participation or office for remainder of school attendance in the district. Parent notification.
10. Vandalism & graffiti, destruction of school or private property, EC 48900 (f), District Policy 5131.5.	Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. Athletes must practice with the team during this time. The student must be on the bench at home games (in street clothes) and will not travel with the team. Parent notification. This consequence carries over into the next season of sport.	Removal from teams, activities or office for remainder of the current season and the next athletic season. Parent notification.	Suspension from athletic participation or office for remainder of school attendance in the district. Parent notification.
11. Possession or use of tobacco chewing/smoking, EC 48900 (h), District Policy 5131.6 (c).	<p><i>If the action or offense results in a suspension from school:</i></p> <p>Suspension from team, activity, or office for 5 school days. Must miss at least one interscholastic contact. May result in removal from team. Parent notification.</p>	Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport.	Removal from team or office for the remainder of the current season and the next season of sport. Parent notification.
12. Slurs (racial, ethnic, religious, etc.), sexual harassment, hazing, degrading person attending school, EC 32051, 48900-48904, District Policy 5145.7.	<p><i>If the action or offense results in a suspension from school:</i></p> <p>Suspension from team, activity, or office for 5 school days. Must miss at least one interscholastic contact. May result in removal from team. Parent notification.</p>	Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport.	Removal from team or office for the remainder of the current season and the next season of sport. Parent notification.
13. Willful disobedience/disrupting school activities, EC 48900 (k).	<p><i>If the action or offense results in a suspension from school:</i></p> <p>Suspension from team, activity, or office for 5 school days. Must miss at least one interscholastic contact. May result in removal from team. Parent notification.</p>	Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport.	Removal from team or office for the remainder of the current season and the next season of sport. Parent notification.

OFFENSE	1 ST OFFENSE	2 ND OFFENSE	3 RD OFFENSE
14. Gambling.	<p><i>If the action or offense results in a suspension from school:</i></p> <p>Suspension from team, activity, or office for 5 school days. Must miss at least one interscholastic contact. May result in removal from team. Parent notification.</p>	<p>Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport.</p>	<p>Removal from team or office for the remainder of the current season and the next season of sport. Parent notification.</p>
15. Falsification and/or forging, altering school correspondence, passes, or absence/readmits.	<p><i>If the action or offense results in a suspension from school:</i></p> <p>Suspension from team, activity, or office for 5 school days. Must miss at least one interscholastic contact. May result in removal from team. Parent notification.</p>	<p>Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport.</p>	<p>Removal from team or office for the remainder of the current season and the next season of sport. Parent notification.</p>
16. Upbraiding, insulting, or abusing teacher or other school personnel, EC 44811.	<p>Suspension from team activities or office for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. Parent notification. This consequence carries over into the next season of sport.</p>	<p>Removal from teams, activities or office for remainder of the current season and the next athletic season. Parent notification.</p>	<p>Suspension from athletic participation or office for remainder of school attendance in the district. Parent notification.</p>
17. Cheating and/or Plagiarism	<p>No athletic consequences</p>	<p>Student receives an "Unsatisfactory" mark in citizenship. Suspension from team activities for 20 school days and a minimum of 2 interscholastic contacts. During the period of suspension, athletes must practice with the team, must be on the bench at home games in street clothes, and must not travel with the team. If the student holds a non co-curricular office, they will be removed for the remainder of the school year. Parent notification. This consequence carries over to the next season of sport.</p>	<p>Removal from team for the remainder of the current season and the entire next season of sport. If the student holds a non co-curricular office, student will be removed for the remainder of the school year. Parent notification</p>

ADDITIONAL REQUIREMENTS FOR STUDENT ATHLETES

Basic CIF Eligibility Rules

A student athlete must:

1. Not have reached his/her 19th birthday on or before June 15.
2. Be an amateur.
3. Be an undergraduate in high school.
4. Have attended high school not more than 8 semesters after completing the 8th grade.
5. Have met the residence requirements.
6. Have not competed on any outside team in the same sport during the school season of that sport.

High school athletics shall be governed by the Constitution and By-laws of the California Interscholastic Federation, current edition, as well as this activities handbook. Athletes shall be directly responsible to the head coach and his assistants. Participation in sports is a privilege. The following are general responsibilities of the athlete:

Applicability

1. Athletes shall follow all team rules set forth by the coach and in this activities handbook.
2. Prior to participation, a student athlete must complete the proper athletic clearance procedures which include:
 - a. Student activities handbook acknowledgment
 - b. Emergency medical information
 - c. Parent consent
 - d. Risk warning
 - e. Proof of insurance
 - f. Physical exam
 - g. Clear any outstanding fines/bills

Appearance

The Board of Trustees acknowledges the importance of students' dress and appearance, as they are ambassadors of our District during their activities travel outside the District. As such, they should represent themselves and their school in the best possible manner when in the public eye. As a member of our team, we want to be proud of your appearance. Athletes are expected to dress neatly and be well-groomed. A dress code for the day of a contest may be determined by the coach.

Quitting a Sport or Being Removed

The principal, athletic director, or head coach may or may not allow a player that has quit or is removed by the coach from the team to return. Athletes who quit a team lose all rights of a team member including, but not limited to, awards or post-season honors. A student participating in a sport may drop a sport with no penalty providing the student left that sport prior to the first practice game or scrimmage. If a student quits or is removed from a sport after the defined period, the student must wait until the end of the season of that sport, excluding playoffs, before participating in another sport. Exception: the athlete is already a member of a sport in season.

Residence Eligibility

Any student who is planning to move, or has recently moved, or whose parents or guardians have moved, should notify the athletic director for information regarding his/her eligibility status.

CIF By-law 223

TRANSFER ELIGIBILITY

Please contact your Athletic Director for any questions regarding transfer eligibility. If you intend to go to another school, please contact your Athletic Director as soon as possible. All CIF eligibility policies will be followed.

Respect

The athlete is to show respect for all coaches, teachers, officials, spectators, school facilities, equipment, and opponents at all times.

Responsibility for Equipment

Athletes shall assume responsibility for all athletic equipment issued to them and are to pay for any abused or lost equipment prior to participating in the next activity.

Competition on an Outside Team

A student on a high school team becomes ineligible if the student competes in a contest on an "outside" team, in the same sport, during the student's high school season of sport.

CODE OF ETHICS

It is the duty of all concerned with high school athletics:

- To emphasize the proper ideals of sportsmanship, ethical conduct, and fair play.
- To eliminate all possibilities which tend to destroy the best values of the game.
- To stress the values derived from playing the game fairly.
- To show cordial courtesy to visiting teams and officials.
- To establish a respectful relationship between visitors and hosts.
- To respect the integrity and judgment of sports officials.
- To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- To encourage leadership, use of initiative, and good judgment by the players on a team.
- To recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players.
- To remember that an athletic contest is only a game - not a matter of life and death for player, coach, school, official, fan, community, state, or nation.

CALIFORNIA INTERSCHOLASTIC FEDERATION, NORTHERN SECTION ETHICS IN SPORTS

I. POLICY STATEMENT

The California Interscholastic Federation Northern Section is committed to the demonstration of sportsmanlike and ethical behavior in and around all athletic contests played under its sanction. All contests must be safe, courteous, fair, controlled, and orderly for all athletes and fans alike.

It is the intent of the NSCIF Board of Managers that violence in any form not be tolerated in athletic contests under the jurisdiction of the Board. In order to enforce this policy, the Commissioner will establish rules and regulations in cooperation with the Board of Managers which set forth the manner of enforcement of this policy and the penalties incurred when violation of the policy occurs. The rules and regulations shall focus upon the responsibility of the coach to teach and demand high standards of conduct and to enforce personally the rules and regulations set forth by the Commissioner.

The NSCIF Board of Managers requires that the following Code of Ethics be issued to and signed by each student athlete as a guide to govern their behavior. Penalties for failure to sign a copy of this policy are as follows:

*Athlete	Ineligibility for NSCIF athletics
*Coach	Restricted from coaching in NSCIF contests
*Officials Associations	Not approved to officiate in the Northern Section

II. CODE OF ETHICS FOR STUDENT ATHLETE, COACH, AND CONTEST OFFICIAL

- Be courteous at all times (with school officials, opponents, game officials, and fans).
- Exercise self-control.
- Be familiar with all rules of the contest.
- Show respect to players, officials, and other coaches.
- Refrain from the use of foul and abusive language.
- Respect the integrity and judgment of game officials.
- Refrain from use of illegal and nonprescription drugs, anabolic steroids, or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States, or the American Medical Association.
- Win with character, lose with dignity.

III. VIOLATIONS, MINIMUM PENALTIES, AND APPEAL PROCESS

(Applicable to players from time of departure for contest until time of return.)

ACT	MINIMUM PENALTIES
1. Fighting during a game resulting in ejection of athlete from contest.	Ineligibility for next contest (league, non-league tournament, invitational, playoff, etc.). Written appeal may be made by the individual or school concerned within two school days to the Commissioner preceded by a phone call within one school day. Official to make report by the next school day to the principal and/or Commissioner for each ejection.
2. Illegal participation in next contest by athlete ejected for fighting in previous contest.	Ineligibility for remainder of season for athlete. A written appeal may be made by the individual school to the Commissioner.
3. Illegal placement of ejected athlete in next contest in one season.	Penalties placed upon a coach who knowingly violates a CIF or NSCIF Section rule is the responsibility of the school administration in cooperation with the league and the Section as outlined under Article V in the NSCIF Constitution.
4. Second ejection of athlete for fighting during contest in one season.	Ineligibility of athlete for remainder of season. A written appeal may be made by the individuals or school within two school days to the Commissioner. Official to make report by the next school day to the principal and/or Commissioner. The decision by the Commissioner could be suspension of any length up to and including the remainder of the season or the next season.
5. When one to three athletes leave the bench area or fielding position to begin a confrontation or leave the bench area or fielding position to join an altercation.	Ejection from the contest for those designated by the official, ineligibility for the next contest, and player(s) to be placed on probation for balance of season. A written appeal may be made by the individuals or school to the Commissioner. Official to make report by the next school day to Commissioner. A similar infraction of this act by the same athlete(s) during the same season will result in cessation of the season for the athlete(s) concerned. A written appeal may be made by the individuals or school to the Commissioner.

ACT	MINIMUM PENALTIES
<p>6. When more than three athletes leave the bench area or fielding position to begin a confrontation or leave the bench area or fielding position to join an altercation.</p>	<p>Contest will be stopped by officials and coaches. Ejection from the contest concerned for those athlete(s) designated by the officials. The team(s) that left the bench area must forfeit the contest, record a loss, and the team(s) and player(s) will be put on probationary status for the remainder of the season. A written appeal may be made by the individuals or school to the Commissioner. A second infraction will result in cessation of the season for the team(s) and/or athlete(s). A written appeal may be made by the individuals or school to the Commissioner. Official to make report by the next school day to Commissioner.</p> <p>If act occurs in and end of season contest, team(s) that left the bench area will forfeit the contest, record a loss, and be put on probationary status for the following season. A written appeal may be made by the individuals or school to the Commissioner. A similar violation during the following season will cause cessation of the season for the team. A written appeal may be made by the individuals or school to the Commissioner. Official to make report by the next school day to the Commissioner.</p> <p>If the act occurs in the Northern Section Finals, and both teams are charged with a forfeit, there will be no champion. A written appeal may be made by the individuals or school to the Commissioner.</p>
<p>7. Other acts committed by individuals or teams or acts committed at end of season.</p>	<p>Commissioner, as authorized by the Board of Managers, to determine and implement penalties up to and including career suspension for individuals and following year penalties for teams.</p>

STUDENT ACTIVITIES HANDBOOK ACKNOWLEDGMENT

I have read and I understand the Policy Statement, the Code of Ethics, and the Violations, Minimum Penalties, and Appeal Process of the NSCIF "Ethics in Sports" Policy (on preceding pages) and I agree to abide by these policies while participating in NSCIF athletics regardless of contest site or jurisdiction.

Participant Signature

Printed Name

Parent Signature

Date

(Sign form and turn it in to the coach.)

AGREEMENT FOR STUDENT ATHLETE AND PARENT/GUARDIAN REGARDING USE OF STEROIDS

Name of student athlete

Directions: As a condition of membership in the California Interscholastic Federation (CIF) and in accordance with Education Code 49030, the Governing Board of the Fall River Joint Unified School District has adopted Board Policy 5131.63 prohibiting the use and abuse of androgenic/anabolic steroids as specified below. CIF Bylaw 524 requires that all participating students and their parents/guardians sign this agreement.

By signing below, we agree that the student shall not use androgenic/anabolic steroids or any dietary supplement banned by the U.S. Anti-Doping Agency as well as the substance synephrine, without a written prescription from a licensed health care practitioner to treat a medical condition.

We recognize that under CIF Bylaw 200.D the student may be subject to penalties, including ineligibility for any CIF competition, if the student or his/her parent/guardian provides false or fraudulent information to the CIF.

We understand that the student's violation of the district's policy regarding steroids may result in discipline against him/her including, but not limited to, restriction from athletics or suspension or expulsion from school.

Signature of student athlete and Date

Signature of parent/guardian and Date